

FLING GOLF QUICK START RULES



On the Tee

Take as many steps as you like while hurling the ball towards the hole just make sure to launch before you reach the tee marker.



In the Fairway

Note where your ball lies. Retreat up to 5 paces away from the hole and take your shot before reaching your previous lie.



On the Green

With the Striker Pad, putt as you would a golf putt. With the FlingNotch, push or pull the ball toward the hole without moving your feet. With the ball in the Channel, release from a point no closer to the hole than the previous lie.

Penalties

Take a 1-stroke penalty if your ball lands in a sand bunker, water hazard, if it's out-of-bounds, or if you lose it.



Sand Bunker

Remove ball from the bunker and retreat up to 5 paces from the bunker. You must take your Fling-Shot before reaching the edge of the bunker.



Water Hazard, Out of Bounds or Lost Ball

Retreat up to 5 paces back from where the ball entered the hazard, went out-of-bounds or was last seen, no closer to the hole.